COVID-19: Campus notification responses

These messages have been developed to provide supervisors with information on how best to have conversations in keeping with guidance on the university’s campus notifications. This guidance document (March 25, 2020) is attached.

This guidance is only for those in our UNL community who are still on campus, or who were on campus and interacted with others in the last two weeks.

MESSAGING FOR 3 SCENARIOS

• SYMPTOMS, NO LAB CONFIRMATION
  
  If a faculty member, staff employee or student tells you they have symptoms of COVID-19

• EXPOSED TO SOMEONE WITH LAB-CONFIRMED CASE
  
  If a faculty member, staff employee or student tells you they have been exposed to someone with a laboratory-confirmed case

• LAB-CONFIRMED CASE OF COVID-19
  
  If a faculty member, staff employee or student tells you they have a laboratory-confirmed case of COVID-19
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SYMPTOMS, NO LAB CONFIRMATION

If a faculty member, staff employee or student tells you they have symptoms of COVID-19

MESSAGE 1, TO THOSE WITH SYMPTOMS:

Thank you for sharing the symptoms that you are experiencing. I hope you feel better soon.

Here is what I recommend based on the information you shared:

1. Contact your primary doctor or University Health Center/CHI/Bryan/Nebraska Medicine call lines for further screenings, including assessing your individual risk, and for further care instructions. The doctor will help you determine if you need to:
   a. be seen at a clinic
   b. go to the emergency room
   c. or self-care at home
2. Isolate yourself (and have others shop for you, clean up frequently after yourself if possible, and sanitize high-touch surfaces that you contact often). Your close contacts should quarantine for at least 14 days, unless you are able to confirm that you do not have COVID-19.
   a. Individuals may be able to confirm they do not have COVID-19 if they can show that something else caused their symptoms (positive influenza diagnosis, bacterial pneumonia, etc.).
   b. That determination would need to be made by a health care professional.

May I have your consent for the university to contact your close UNL contacts (and their names and/or contact information)? These may include:
   a. co-workers in close contact with you 2-3 days before symptoms
   b. roommates (if you are or had been living on campus)
   c. and any other member of the University community with known close contact with you

MESSAGE 2, TO covid19@unl.edu:

Hello, I am reaching out to you because FIRST NAME LAST NAME informed me on DATE that they are experiencing symptoms of COVID-19.

I have responded with the appropriate message outlined in the campus notification responses document, and I have received consent for you to contact their close UNL contacts, listed here:

(LIST CONTACTS HERE)

MESSAGE TO BE SENT BY covid19@unl.edu TO CLOSE CONTACTS OF THOSE WITH SYMPTOMS:

Hello, I am reaching out to you because I have been informed that someone you have been in close (less than 6 feet) contact with on campus is experiencing symptoms of COVID-19 but has not had their case be lab-confirmed. This individual has given their consent to me to notify you.

It is very important for you to go into self-quarantine for a minimum of 14 days and self-monitor for symptoms of COVID-19. Should you experience symptoms of COVID-19, I recommend you contact your primary doctor or University Health Center/CHI/Bryan/Nebraska Medicine call lines for further screenings, including assessing your individual risk, and for further care instructions.

This is a challenging time for everyone. Thank you for thinking of the well-being of others!
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EXPOSED TO SOMEONE WITH LAB-CONFIRMED CASE

If a faculty member, staff employee or student tells you they have been exposed to someone with a laboratory-confirmed case:

MESSAGE 1, TO THOSE EXPOSED:

Thank you for sharing that you’ve been exposed to someone with a laboratory-confirmed case of COVID-19. I hope you continue to feel well.

Here is what I recommend based on the information you shared:

1. You should go into self-quarantine for a minimum of 14 days and self-monitor for symptoms of COVID-19.
2. If you develop symptoms of COVID-19 or have a laboratory confirmed case of COVID-19, feel free to let me know.

This is a challenging time for everyone. Thank you for thinking of the well-being of others!

MESSAGE 2, TO THE SUPERVISOR OF THOSE EXPOSED, IF THOSE EXPOSED WORK ON CAMPUS:

Hello, I am reaching out to you because an individual you supervise has informed me that they have been exposed to someone with a laboratory-confirmed case of COVID-19.

Based on university guidance, I have recommended that they go into self-quarantine for a minimum of 14 days and self-monitor for symptoms of COVID-19.

I am not able to share any further information. Please feel free to follow up with those who report to you.
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LAB-CONFIRMED CASE OF COVID-19

If a faculty member, staff employee or student tells you they have a laboratory-confirmed case of COVID-19:

MESSAGE 1, TO THE PERSON WITH THE LAB-CONFIRMED CASE:

Thank you for sharing that you have a laboratory-confirmed case of COVID-19. I hope you feel better soon.

Here is what I recommend based on the information you shared:

Follow the advice of your medical provider and the local health department or the Department of Health and Human Services.

1. At a minimum, you need to self-isolate (and have others shop for you, clean up frequently after yourself if possible, and sanitize high-touch surfaces that you contact often) for a minimum of 14 days. Following the quarantine, you must be symptom-free for 72 hours.
2. All others who had close contact with you (less than 6 feet in the 2-3 days before symptoms appeared) must self-quarantine for a minimum of 14 days and self-monitor for symptoms of COVID-19. This includes all family members or others living with you.

We need to contact your close UNL contacts. The university can help with that if you provide their names and contact information. These may include:

1. co-workers in close contact with you 2-3 days before symptoms
2. roommates (if you are or had been living on campus)
3. and any other member of the University community with known close contact with you

This is a challenging time for everyone. Thank you for thinking of the well-being of others!

MESSAGE 2, TO covid19@unl.edu:

Hello, I am reaching out to you because FIRST NAME LAST NAME informed me on DATE that they have a lab-confirmed case of COVID-19.

I have responded with the appropriate message outlined in the campus notification responses document, and I have received consent for you to contact their close UNL contacts, listed here:

(LIST CONTACTS HERE)

MESSAGE TO BE SENT BY covid19@unl.edu TO CLOSE CONTACTS OF THOSE WITH SYMPTOMS:

Hello, I am reaching out to you because I have been informed that someone you have been in close (less than 6 feet) contact with on campus has a laboratory-confirmed case of COVID-19.

It is very important for you to go into self-quarantine for a minimum of 14 days and self-monitor for symptoms of COVID-19. Should you experience symptoms of COVID-19, I recommend you contact your primary doctor or University Health Center/CHI/Bryan/Nebraska Medicine call lines for further screenings, including assessing your individual risk, and for further care instructions.

This is a challenging time for everyone. Thank you for thinking of the well-being of others!